



Quick Guide (EN)

Version 1: 2026-05-13

See the NUSHU X User Manual (also in other languages) for more detailed information:

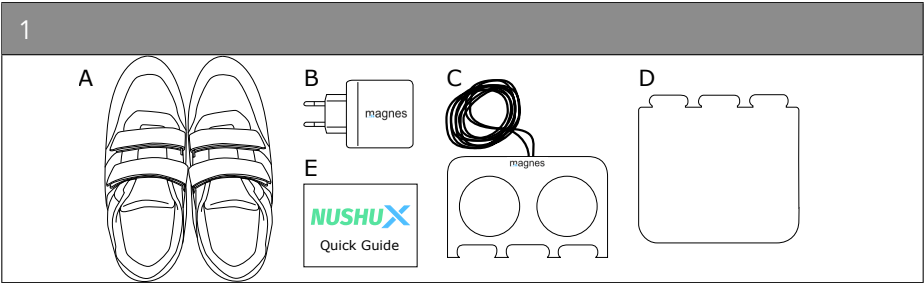


<https://magnes.ch/documents/nushu-x/>

1 Setup of NUSHU X

1.1 What's in the Box

Your NUSHU X box includes: (1A) NUSHU X footwear, (1B) charging adapter, (1C) wireless charging unit, (1D) pad for wireless charging unit, (1E) this quick guide.



1.2 Charge the Shoes

Assemble the two pieces of the charging unit like a jigsaw puzzle (2A).

Connect the two charging cables to the power adapter (2B). Only use the supplied power adapter.

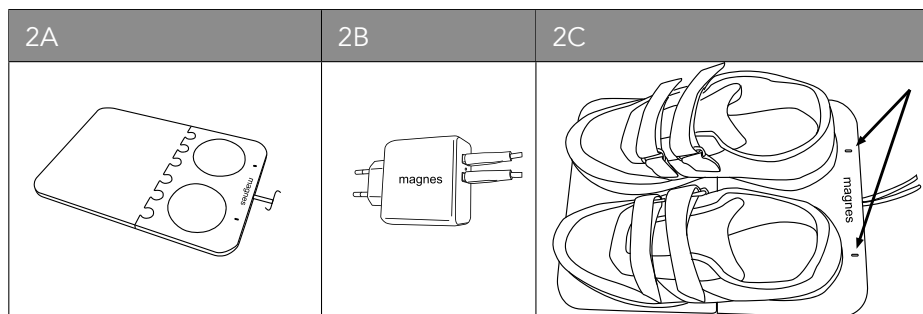
Place the shoes on the charging station. Each heel should completely cover a round disc on the charging station (2C).

Fully charging the shoes can take up to 6 hours.

LED Light	White	Green
	Status	
SLOW flashing	Charging	Charging
QUICK flashing	NOT Charging	NOT Charging
OFF	Fully Charged	—
ON	—	Fully Charged

 Do not charge the shoes while wearing them.

- ⚠ If the LED is blinking very fast, the shoes are not positioned correctly onto the charging station.
- ⚠ For the best experience and to preserve the battery life of the shoes, charge the shoes every night, if you wear them daily. Otherwise, we recommend that you fully charge the shoes at least once a month.



1.3 Install the NUSHU X Mobile App

Scan the QR code or go to the Apple Store to download NUSHU X.



The most recent version of this user manual is also available in the NUSHU X mobile app.

- ⚠ Mobile costs may occur when using the NUSHU X app.

1.4 Log In

Open the NUSHU X app.

Select **Log In**.

If you already have an account, please enter your email address and your password to log in.

- ⚠ Make sure to activate your cellular network with internet access or Wi-Fi.

⚠ If you do not have an account, see Section 1.5.

1.5 Create an Account

Select **Create an account**.

Fill in all required fields. Enter your height and weight in either metric or imperial units. Click on **Create** at the bottom of the screen.

Select **Go to Sign in** and continue with Section 1.4 **Log In**.

You need access to your email account to reset your password if needed.

⚠ Make sure to activate your cellular network with internet access or Wi-Fi.

⚠ The email address is shared with Magnes to create your account.

1.6 Turn ON Your Shoes

NUSHU X shoes can be turned ON by gently shaking them from side to side for at least 15 seconds (3A). The shoes vibrate twice when they power ON.

⚠ If the shoes do NOT vibrate, the battery may be low. Charge the shoes for at least 15 minutes and try again.

⚠ If the shoes do not turn ON, they may be in deep sleep. Follow the instructions in the NUSHU X User Manual to wake them up from deep sleep.

