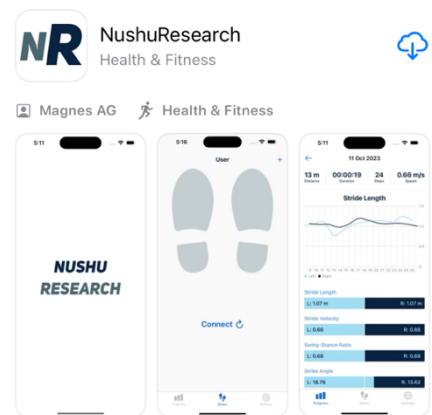


NUSHU RESEARCH

Installation Nushu Research-App

- A smartphone or tablet with iOS 17.6 or later is required to install the Nushu Research app.
- ⚠️ Activate Bluetooth.
- Click on the Nushu Research app.
- Click "Login".
- If the login already exists -> Enter email address and password and click on "Login".
- Click on "Create account" if you want to create a new user.
- ⚠️ Before use, please check whether the shoes are charged.



Charge the shoes

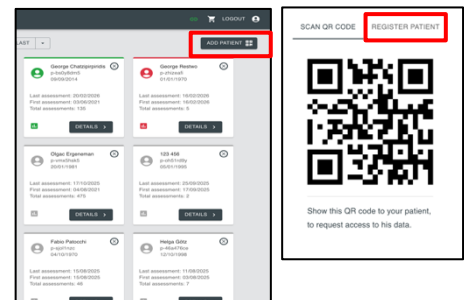
- Place the shoes on the charging station. The back of the shoes should completely cover the round discs of the charging station. Keep the back of the shoes close to the light.
- The lights starts to flash slowly → shoes are charging.
- ⚠️ If the shoes are not positioned correctly on the charging station, the lights flash faster.
- ⚠️ Always put the shoes back to the charging station after use.

Create a new patient account (you have two options)

- We recommend creating a new account for each new patient.
- We recommend using the email format: patient-name@clinic-name.com
- If you prefer using the patient's own email, then please create a separate list to keep track of the emails.

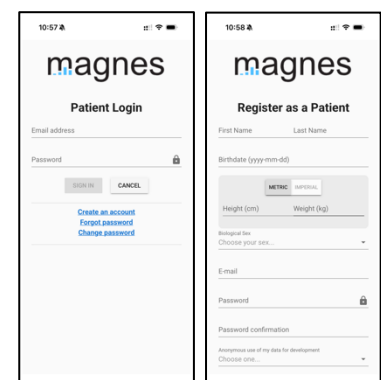
Option 1: On the Dashboard:

- Go to: <https://research.nushu.health/>
- Login with the Doctor's account.
- Click on "Add patient".
- Click on "Register Patient".
- Fill in the patient information.
- Use the email format: patient-name@clinic-name.com
- Click on "Register".

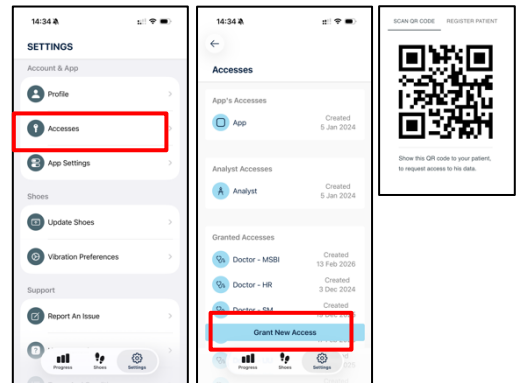


Option 2: On the NUSHU Research App:

- Open the NUSHU Research App.
- Click on "Login".
- Click on "Create account".
- Fill in the patient information.
- Use the email format: patient-name@clinic-name.com
- Click on "Create an Account".
- ⚠️ Link the patient account to the dashboard:

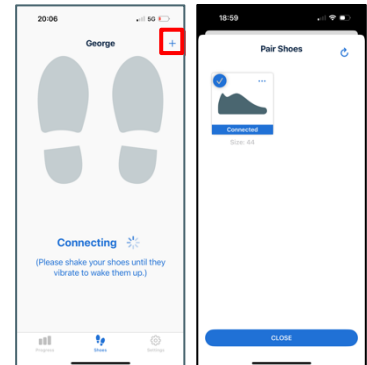


- In the NUSHU Research App go to “Settings” and select “Accesses”.
- Click on “Grant New Access”.
- Use the camera and scan the QR code on the dashboard.
- Refresh the browser Website of the dashboard.
- ⚠ If you don't scan the QR code the patient will not be visible on the Dashboard.
- ⚠ The QR code is always the same. It can be printed on paper and scanned when needed.



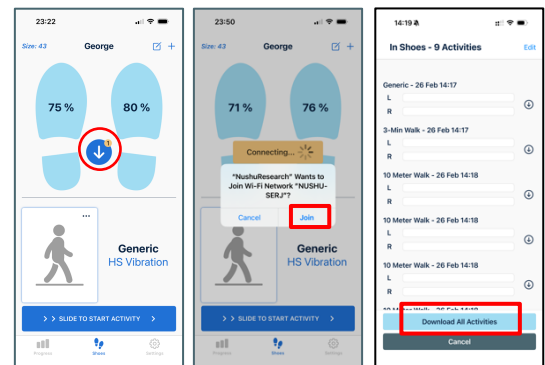
Connect shoes and choose activity:

- Move/shake the shoes until they vibrate 2 times (takes approx.15 seconds) (⚠ If the shoes do not vibrate, the battery may be low).
- Select the shoe size by clicking on the + symbol and selecting the correct shoe size.
- The patient can put on the shoes.
- Select activity and vibration mode.
- Explain to the patient which assessment or exercise is being performed.
- Click on "Slide to start activity".



Download files:

- Click on the arrow in the circle between the shoes.
- The app will ask for permission to connect to the NUSHU WiFi → Click on Join
- The files on the shoes are listed.
- Click on "Download all".
- As soon as the download is complete, the files are sent to the server.



⚠ This requires an internet connection. If there are connection problems the files remain under "Recorded Activities" in the Progress Menu. You must then click on the arrow pointing upwards.

⚠ If problems occur with the download: Close the app completely and repeat the process by downloading the files again or clicking on the circle with the arrow pointing up.

